

Friedens Ev. Lutheran Church  
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***PASTOR'S PAGE...***

Have you noticed that the busier you get the harder it is to follow Jesus? (This applies to pastors too!) Rushing from one thing to another, it's hard to justify time for prayer and listening for the whispers of the Holy Spirit. Sometimes we miss the people who need our help or word of grace. In the midst of taking kids to practice, making meals, keeping the house clean, and work, taking time to study the bible or practice sharing your faith can seem impossible to squeeze in.

What's a busy person to do?

For one thing, recall the third commandment: honor the Sabbath and keep it holy. That is to say, take time for a change of pace, to rest and be renewed. Sometimes this means spending time with friends and family or hiking and enjoying the outdoors. Sometimes it means coming together with community for support and worship and to think about how our daily lives intersect with God's work. Included in this time, Martin Luther suggests in his catechisms, should be some time for prayer and time devoted to digging into God's Word whether by hearing a sermon, studying the bible with friends, or meditating on scripture alone. Such practices help us to know scripture better and for it to inform our daily lives and discipleship.

However, unless we're really intentional about creating time and space for prayer and the study of scripture, it's easy to get caught up in other things and never get around to it. The tricky thing is that taking time out for prayer and meditating on God's Word actually helps us to be more centered in this midst of stress and busyness.

We do not have to be passive victims of a world that wants to entertain and distract us. We can make decisions and choices. A spiritual life in the midst of our energy-draining society requires us to take conscious steps to safeguard that inner space where we can keep our eyes fixed on the beauty of [Christ].

—Henri Nouwen

So, what conscious steps might we take?

I don't know about you, but without a goal (and sometimes someone to keep me accountable) it's hard to form a new habit or fit something new into my schedule. For many of us, to read scripture daily would be a new habit. **So, I propose a challenge: that we read through the book of Acts together as a congregation. Acts has 26 chapters, so if you read one chapter a day, we'll get through it in a month.**

I timed myself reading one chapter and it took less than 5 minutes. I'm guessing that most of us have 5-10 minutes that we could spend in the morning, evening, or during a lunch break to read one chapter a day.

If you're feeling ambitious, and want to commit a whole 15 or 20 minutes to your bible reading/study, I encourage you to make notes about the text. Reflect on what stuck out, record new or surprising things that you learned, and think about how it might relate to your daily life or our congregational life.

**Annual Church Picnic/Neighborhood Block Party Wrap-up and Thank You**

Our annual church picnic & neighborhood block party for 2017 is now history. Once again, everyone came together to set up & staff games, sell concessions, to do face painting, prepare & serve food and, of course, clean-up. We had a great turnout with an estimated 110-120 who ate with us and many others who stopped by to play games, play on the inflatables and climb the rock climbing wall. The day was beautiful with clouds clearing in the afternoon and temperatures in the 70's.

It would be impossible to thank all those who helped without inadvertently leaving someone out. So, you know who you are and we thank you for helping make the day a success. Also, thanks to all who donated prizes for the games and bingo. It was great to see so many extended family members and friends attend along with our guests from the neighborhood!!

We also want to acknowledge the gift from Sandy Everett /Runza Restaurants that makes it possible for us to rent the inflatables, to Russ's Market at Coddington & West A for their contribution toward food for the picnic meal and to Gary Hardt whose commitment to this event provides the momentum to continue this tradition!

Again, thanks to everyone for participating, helping, and enjoying the day!!

With Gratitude,

Your Church Council



If you want the whole experience of individual reflection *and* communal discussion about Acts as we read along, then I encourage you to attend a **gathering once a week on Tuesday evenings from 7-8pm**. When we gather we'll talk over what we've read and discovered during the past week and there will be an opportunity to ask questions about the text as well (I will bring resource books so we can look things up as we need to!)

**Week 1: Acts 1-7** Start reading on Tuesday, 26 Sept. — Discuss on 3 Oct.

**Week 2: Acts 8-13** Start reading on Wednesday, 4 Oct. — Discuss on 10 Oct.

---- **Weeklong break because the pastor is out of town** ----

**Week 3: Acts 14-20** Start reading on Wednesday, 20 Oct. — Discuss on 26 Oct.

**Week 4: Acts 21-26** Start reading on Wednesday, 27 Oct. — Discuss on 3 Nov.

If you come to gathering one week, you are not obligated to come every week. Likewise, if you miss the first one, you are certainly welcome to the 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup>. The goal is just to get us reading and discussing.

Our first meeting will be at Friedens in the church basement. At the first meeting, we'll decide whether to continue meeting at Friedens, or to take our gathering outside the walls of the church to be visible in the community.

So, what do you say: Are you willing to accept my challenge? Which level will you choose?

**Level 1:** Read one chapter of the book of Acts a day. Use the schedule above to help you. (5-10 min)

**Level 2:** Read one chapter a day AND take 10+ minutes to reflect / make notes about it. (15-20 min)

**Level 3:** Read one chapter a day, take 10+ minutes to reflect AND join us for the discussion group.

**Update on transition to part time:**

The Council and Pastor Kate have been hard at work to brainstorm ways to continue our ministry effectively together when the switch is made to part-time pastoral ministry on 1 January. One of the ways that we are doing this looking at the various events and tasks that the congregation does weekly, monthly, or yearly and who does them. Then we're thinking about how they could be grouped together so that teams of people could help to accomplish them and they don't fall to just one person. As part of that process, we'll be asking lots of questions to learn how things happen so that we can write them down and all know how they work best. Our goal is not to take leadership away from anyone who currently provides it. Our goal is simply help more people easily be involved, because we don't want folks who do lots of things to get burned out. Also, we want you to be able to be involved, if you haven't been in the past.

The sheets that were turned in a few weeks ago in worship about how the part-time pastor's time could best be spent have been tallied. In a couple of weeks we'll pass those sheets out again and allow people to give feedback now that they have had more time to think about it. We hope that you will provide us with your feedback!

**Reformation 500! (1517 – 2017)**

As you may have heard, this month (and year) we commemorate the 500<sup>th</sup> anniversary of the Reformation. We have a few special things to celebrate.

- There's a book display of materials related to the Reformation and Martin Luther, for all ages. It will be available in the sanctuary for the next 2 weeks. There's a discount if you wish to purchase a book.
- Anne and Pastor Kate are putting together a special Luther lessons and carols for worship on the 22<sup>nd</sup> of October. We will sing Luther's hymns during worship and hear how Luther's life entwined with the Word of God.
- On Reformation Day we will have a festive worship service. You're encouraged to wear red!

**PRAYER CHAIN...**



The Prayer Chain at

Friedens a vital part of the ministry we do. Caring for others in general, but especially for those in our church family, is what we are called to do. You are needed. Please call Maxine Pfrimmer (402-464-3024) and tell her you would love to be part of the prayer chain.

**Thank you...**

WELCA would like to thank everyone who contributed to the bakeless bake sale. If you would still like to donate you can send your donations to Maxine Pfrimmer, WELCA President.

**Second Sunday Jazz**

Join us on October 8th at 9:30 am to enjoy coffee, cookies, fellowship and jazz piano; played by our very own Anne Melang-Thoren. It'll be a great way to ease into your morning! Then stick around for meaningful worship afterward and re-energize for the week ahead!



**Pantry Needs...**

**Lutheran Food Pantry's "wish list" include:**

- Breakfast cereals
- Instant oatmeal packets
- Breakfast bars, Canned chicken
- Canned peas, Macaroni and cheese
- Jelly, Peanut butter
- Fruit juice, Saltine crackers
- Any shelf stable food items
- Personal care items (toilet paper, shampoo, bath/bar soap, lotion - even the sample size items)
- Money donations are always appreciated.



**NOVEMBER WORSHIP**

**2017 LEADERS**

**Altar Guild**

Nancy Borrell & Jane Cosier

**Head Usher**

Gary Hardt

**Communion Assistant**

5 — Karen Scribner

19 — Becky Roberts

22 — Peggy Russell

26 — Maxine Pfrimmer

**Lectors**

5 — TBA

12 — TBA

19 — TBA

22 — TBA

26 — TBA

**Greeters**

5 — James & Kris Plucknett

12 — Steve & Peggy Russell

19 — Amy Rezny & Joyce Boerger

22 — Irene Newhouse & Maria Kildua

26 — Nancy Borrell & Jane Cosier



Has your Email changed? If so, please let the office know by sending an email to ...

Office@friedens.org



## OCTOBER Birthdays and Anniversaries

- (3) Tina Strong
- (4) Julie & Matthew Hauschild (14 Yrs)
- (5) Shawn Johanson
- (6) Jewel Hardt
- (7) David Cosier
- (7) John Hampton
- (8) Linda Dreith
- (10) Sunny Detty
- (12) Brad Magnuson
- (13) Brian Husa
- (14) Richard & Susan Busker (28 Yrs)
- (14) Bev Wilson
- (16) Amy Rezny
- (20) Dwayne Greenwalt
- (20) Kent Vollenweider
- (22) Jeremy Cosier
- (25) Kayle Hardt
- (27) Brad King
- (30) Rich Anderson
- (30) Myles Hardt

Celebrate!  
Celebrate!

## OCTOBER WORSHIP

### LEADERS

#### Altar Guild

Linda Vollenweider & Deb Marr

#### Head Usher

Kent Vollenweider

#### Communion Assistant

- 1 — Becky Roberts
- 15 — Peggy Russell
- 29 — Maxine Pfrimmer

#### Lectors

- 1 — Amy Rezny
- 8 — Kathy Holland
- 15 — Peggy Russell
- 22 — Linda Dreith
- 29 — Amy Rezny

#### Greeters

- 1 — Linda Dreith & Carol Boellstorff
- 8 — Bob & Carolyn Hogg
- 15 — Alma Wilson & Judy Trampe
- 22 — Maxine Pfrimmer & Deb Marr
- 29 — Chuck & Lori Schwahn



## OCTOBER Opportunities to Grow in Faith

Thursday morning Bible Study — 10:00 — 11:00 at Friedens (Annex)

Women of the ELCA Bible Study — 4:30 — 5:30 at Van Dorn Villa, the first Tue. of each month

The adult forum Sunday @ 9:30 will kick off the fall with Luther's small catechism in honor of the 500th anniversary of the Reformation.



**In Our Thoughts and Prayers...** Please let the church office know if there has been a birth, baptism, marriage or death in your family that you would like to share. Let us know if someone is hospitalized or needs our prayers. With your permission, this request will be added to the list of Prayer Concerns in the Sunday bulletin. If you would like immediate prayers for the individual, the office will initiate the Prayer Chain.

HIPPA regulations do not allow a hospital to notify the church if someone in our congregation is hospitalized. Please call the church office with this information at 402-476-3888 or email at [office@friedens.org](mailto:office@friedens.org). You can also call the Pastor @ (316)371-0803, in case of an emergency.



### Prayers...

Brad Magnuson  
Jane Swann  
Gary Overfiled  
Mary Everett  
Megan McNamara  
Dwayne Greenwalt  
Verlene Owens

Joyce Boerger  
Nick Busker (grandson of Sue & Dick Busker)  
Bill Kammerer (Uncle of KC Melang-Thoren)  
Zach Miller (friend of Pastor Kate's)  
Greg & Fran Zessin  
Family of Larry Reimnitz



## School Kits for Lutheran World Relief

Thanks to everyone for the terrific response to the call for school kit items.

We have enough supplies to make, not 110, but 120 school kits!

If you have already purchased items and have not dropped them off at church yet, please bring them! We will use them to make as many School Kits as possible or we will save them for our next School Kit project or we will donate them to a local school.



**CROP Walk October 8, 2017**

**Registration Day of Walk: 1:30 – 2:30 pm at New Hope United Methodist Church**

**1205 N. 45<sup>th</sup> St (45<sup>th</sup> & Orchard)**

The three mile walk route will take place in the area of 48<sup>th</sup> to 33<sup>rd</sup> streets and Vine to Holdrege, the area known as the East Campus neighborhood.

Walkers are encouraged to solicit donations either in person or on-line. In 2016 dollars raised in Lancaster County not only supported solutions to hunger worldwide but also raised funds for these local hunger-related charities: People's City Mission, Emergency Pantry Network, Food Bank of Lincoln, Southern Lancaster County Pantry and Tabitha Meals on Wheels.

Can **you** walk this year or support someone walking?

Please see Kathy Holland or Kathy Rempe to sign up or to make a donation!



### An Open Letter To All Members of Friedens Lutheran Church:

On July 9th, 2017, we celebrated the 110 year anniversary of Friedens Lutheran Church. As a 3rd generation member of this congregation, and with grandchildren who are 5th generation member of Friedens, I am very interested in doing what I can to insure that Friedens Lutheran Church will be around for generations to come. Having grown up in this church, and watching my grandson in the Youth Choir, I would like to see all of our current members help Friedens get through this particular point in our history. There are a lot of challenges for us, but I believe that if all of you want Friedens Lutheran Church to continue in its ministry, it will. To do that will require help from all of you, every member, to get Friedens through the difficulties that we are facing right now. Here are a few ideas of how you can help:

- (1) Come to Worship Service. Come regularly.
- (2) Invite a friend or co-worker to come. Most people join because of personal invitation.
- (3) Invite a former member back to Worship Service.
- (4) If you do come regularly, call a member that you haven't seen in church for a while and invite them to start coming again.
- (5) Call an older member of Friedens that you haven't seen in church for a while and ask them if they need a ride.
- (6) Give more, if you are able to.
- (7) Offer to volunteer where needed. The more volunteers we have, the more we can get done and the easier it is for everyone.
- (8) Be active in the church.
- (9) Come to Worship Service. Come regularly.

There are things that we can all do, to help Friedens Lutheran Church through this time of challenge. If you want Friedens Lutheran Church to be around for future generations, it will take your help. But with your help, with everyone's help, Friedens Lutheran Church can make it through these challenges and continue in ministry for generations to come. Please help.

Gary Hardt

### Sisters in Christ...

You are invited to join the Women of Grace for an evening of food, fun and fellowship. October 2, @ 6:30. RSVP to Carolyn Hogg at 402-470-0596 by September 29th.



### When we give freely.....

We are able to be a part of God's Kingdom work at Friedens, in Lincoln and around the world. We serve an incredibly generous God and count it a privilege to give back to God what He has been generously given to us.

#### Year To Date Report: August 31,2017

Receipts \$ 78,591.44

Disbursements \$ 89,946.47

### Friedens 110<sup>th</sup> ANNIVERSARY FUNDRAISING

Friedens celebrated its 110<sup>th</sup> Year Anniversary on July 9th, We had a special service that day, followed by a lunch.

As part of our anniversary, we're doing several things to help raise funds and to celebrate! As you may be aware, Friedens is in the midst of financial challenges and any money we can raise will help to meet those challenges.

We will continue these efforts for the rest of 2017.

- (1) 110 Year Anniversary Commemorative items (order sheet is attached).
- (2) Confirmation class pictures going back to 1907 are available to order, at just \$7.50 per picture. If you would like a picture of your confirmation class, your parents class, your grandparents' class or any other class photo they are available to order. Contact the church office. (see below)
- (3) Donate toward our anniversary goal of retiring the debt from the 100th Year renovation loan. Progress has been good. The building renovation was nearly \$300,000 and 10 years later we have it paid down to a little under \$20,000. If we can get that paid off, it would eliminate \$400 a month in bills. If you donate \$100 towards the pay off of the renovation fund debt, we will have a plaque made with the name of your choice, in memory or honor of a person or family. All plaques will be erected together, depending upon the number, somewhere inside or outside of the church building.

**Thanks to all who have contributed so far!**

If you have any questions please contact the church office at 402-476-3888 or [office@friedens.org](mailto:office@friedens.org), or e-mail Gary Hardt at [ghardt7@yahoo.com](mailto:ghardt7@yahoo.com).

### Friedens to serve FEAST October 15th

Members of the Social Ministry Team will be serving the noon meal at \*FEAST at Our Saviour's Lutheran Church on Sunday, October 15th. Look for a sign-up sheet for food items needed in the entryway to the sanctuary. Thanks for your help!!

\*FEAST is a prison ministry program to reintegrate inmates into society through Christian fellowship with the goal of helping them become self-sufficient through a responsible Christian example. Individuals from the Community Correctional Center of Lincoln (CCCL) are picked up by volunteer members of Our Saviour's Lutheran Church, take part in the 10:45 am worship service then eat a noon meal with classes or other programming to follow. Family members, mentors and other volunteers also attend worship and lunch. Usual attendance is 70-100.